

Year 1 and Year 2 Resilience Webinar Series Schedule

Updated June 2020

SERIES	MONTH	YEAR	TITLE	DATE	TIME
YEAR 1	July	2020	Being Present: The Science of Mindfulness	July 22	2PM EST
YEAR 1	August	2020	Relationship Resilience: The Science of How Other People Matter	August 19	2PM EST
YEAR 1	September	2020	Collaboration vs. Dealing with Difficult Colleagues: Assessing, Understanding and Improving Teamwork in a Work Setting Near You	September 16	2PM EST
YEAR 1	October	2020	Science of Wow: Cultivating Awe and Wonder as a Resilience Strategy	October 21	2PM EST
YEAR 1	November	2020	Positive WalkRounds: Leader Rounding to Identify What is Going Well – Links to Quality, Culture and Workforce Resilience	November 18	2PM EST
YEAR 1	December	2020	Enhancing Resilience: Survival of the Kindest	December 16	2PM EST
YEAR 1	January	2021	Prevalence & Severity of Burnout: Workforce Resilience as Care Quality	January 20	2PM EST
YEAR 1	February	2021	Enhancing Resilience: The Science and Practice of Gratitude	February 10	2PM EST
YEAR 1	March	2021	Measuring and Understanding Health Care Worker Resilience, Work Life Integration, and Burnout	March 17	2PM EST
YEAR 1	April	2021	Enhancing Resilience: Three Good Things	April 14	2PM EST
YEAR 1	May	2021	Enhancing Resilience: Practicing Safe Stress and the Science of Sleep	May 19	2PM EST
YEAR 1	June	2021	Psychological Safety: The Predictive Power of Feeling Supported When Things Go Wrong	June 16	2PM EST
YEAR 1	July	2021	Being Present: The Science of Mindfulness	July 21	2PM EST
YEAR 2	July	2021	The Surprisingly Robust Science of Self Compassion	July 20	12PM EST

YEAR 1	August	2021	Relationship Resilience: The Science of How Other People Matter	August 18	2PM EST
YEAR 2	August	2021	Improvement Readiness in Healthcare: Introducing a Metric that assesses the capacity within a work setting to start and sustain quality improvement efforts	August 17	12PM EST
YEAR 1	September	2021	Collaboration vs. Dealing with Difficult Colleagues: Assessing, Understanding and Improving Teamwork in a Work Setting Near You	September 15	2PM EST
YEAR 2	September	2021	Overview of Team Training, Tools, Techniques and Integration into Existing Infrastructure	September 14	12PM EST
YEAR 1	October	2021	Science of Wow: Cultivating Awe and Wonder as a Resilience Strategy	October 20	2PM EST
YEAR 2	October	2021	Absence of Burnout is not the same as Thriving: Moving from Deficit Metrics to Flourishing Metrics for Healthcare Workers	October 19	12PM EST
YEAR 1	November	2021	Positive WalkRounds: Leader Rounding to Identify What is Going Well – Links to Quality, Culture and Workforce Resilience	November 17	2PM EST
YEAR 2	November	2021	Patient Safety Leadership WalkRounds: Links Safety Culture, Burnout and Workforce Well-Being	November 16	12PM EST
YEAR 1	December	2021	Enhancing Resilience: Survival of the Kindest	December 15	2PM EST
YEAR 2	December	2021	The Pursuit of Happiness: Methods vs. Mythology	December 14	12 PM EST
YEAR 1	January	2022	Prevalence & Severity of Burnout: Workforce Resilience as Care Quality	TBD	TBD
YEAR 2	January	2022	If Culture Eats Strategy for Lunch, Burnout Eats Culture for Breakfast: New Evidence About the Contagion Effect of Burnout and Impact on Safety Culture	TBD	TBD
YEAR 1	February	2022	Enhancing Resilience: The Science and Practice of Gratitude	TBD	TBD
YEAR 2	February	2022	The Funny Thing about Resilience: Evidence for Humor	TBD	TBD

YEAR 1	March	2022	Measuring and Understanding Health Care Worker Resilience, Work Life Integration, and Burnout	TBD	TBD
YEAR 2	March	2022	Institutional Resources vs. Individual Resources as Solutions for Healthcare Worker Well-Being	TBD	TBD
YEAR 1	April	2022	Enhancing Resilience: Three Good Things	TBD	TBD
YEAR 2	April	2022	Coping with Change and the Neuroscience of Hope	TBD	TBD
YEAR 1	May	2022	Enhancing Resilience: Practicing Safe Stress and the Science of Sleep	TBD	TBD
YEAR 2	May	2022	Signature Strengths at Work	TBD	TBD
YEAR 1	June	2022	Psychological Safety: The Predictive Power of Feeling Supported When Things Go Wrong	TBD	TBD
YEAR 2	June	2022	Second Victim of Harm: Coping After Things Go Wrong	TBD	TBD